**Patient Name:** LOPEZ-GALINDO, AQUILINA

**Date of Birth:** 04/10/1972

**Date of Service:** 09/30/2022

**History of Present Illness:**  
This is a 50 year-old right hand dominant female who was involved in a slip and fall on 02/08/2022 . Patient slipped on black ice outside the apartment. Patient injured Left Shoulder in the accident. The patient is here today for orthopedic evaluation. Patient is currently doing PT and had left shoulder injection.

The patient complains of left shoulder pain that is 7/10, with 10 being the worst which is throbbing in nature sometimes numbness and tingling the whole arm into fingers. Shoulder pain increases while lifting. Pain improves with naproxen and tylenol.

**Past Medical History:**  
Noncontributory

**Past Surgical History:**  
\_\_\_\_\_\_\_\_\_\_\_

**Past Accident/Injuries:**

**Daily Medications:**  
None

**Allergies:**  
No known drug allergies

**Social History:**

**Physical Examination:**  
**Vitals:** On physical examination, the patient is 4 feet tall, weighs 11 pounds   
**General Appearance:** Patient is a well-developed, well-nourished female in no acute distress. Awake, alert,   
and oriented x 3. Mood and affect are normal.  
**Gait and Station:** Gait is normal

**Left Shoulder:**  
 Range of motion Abduction 145 degrees(180 degrees normal ) Forward flexion 145 degrees(180 degrees normal ) Behind 70 degree.

**Diagnostic Imaging:**  
05/20/2022 - MRI of the left shoulder reveals capsular thickening which can be seen with adhesive capsulitis. Posterior subluxation of humeral head with mild narrowing of the glenohumeral joint and joint effusion. AC joint arthrosis. Rotator cuff tendinopathy. Biceps tendinopathy with tenosynovitis.

**Assessment and Plan:**  
Diagnosis: 1.\_\_\_\_\_\_\_   
 2.\_\_\_\_\_\_\_  
Plan: Recommend to continue with PT.

The patient’s Left Shoulder was examined   
MRI of the Left Shoulder was reviewed.

Causality: It is within a certain degree of medical certainty, that the history presented by the patient, the objective physical findings as well as the diagnosis rendered is causally related to the injury the patient incurred on the specified date. These current symptoms were nonexistent prior to the accident. Findings were discussed with the patient. Patient is considered 100% temporarily disabled.  
  
In response to the required COVID-19 mandates the following precautions have been taken. Doctors and Medical Assistants wore masks and gloves; examination rooms are completely disinfected after each use. Patient was required to wear a mask. Temperature scan was administered prior to examination. No more than 10 people were permitted in the waiting room at any time as this is the max that can be achieved while still maintaining six (6) feet social distancing guidelines. Only the patient was permitted in the examination room.



**L Sean Thompson, M.D.**